

Washington Behavioral Risk Factor Surveillance System

2003 Tobacco Survey Results

Statewide

What is your age?

n = 12328

18 - 34	30.7%	(± 1.2%)
35 - 54	40.9	(± 1.1)
55 - 74	20.5	(± 0.8)
75+	7.8	(± 0.5)

Gender

n = 12328

Male	49.3%	(± 1.2%)
Female	50.7	(± 1.2)

Which one of these groups would you say best represents your race...

n = 12200

White	87.2%	(± 0.9%)
Black or African American	1.8	(± 0.3)
Asian	2.8	(± 0.5)
Native Hawaiian or Other Pacific Islander	1.0	(± 0.3)
American Indian, Alaska Native	2.2	(± 0.4)
Other race	4.8	(± 0.6)
No preferred race	0.3	(± 0.1)

Are you Hispanic or Latino/Latina?

n = 12310

Yes	7.5%	(± 0.7%)
No	92.5	(± 0.7)

Marital status

n = 12289

Married	60.3%	(± 1.2%)
Divorced	10.7	(± 0.6)
Widowed	5.7	(± 0.4)
Separated	1.5	(± 0.3)
Never been married	16.6	(± 1.0)
Or a member of an unmarried couple	5.3	(± 0.6)

How many children less than 18 years of age live in your household?

n = 12310

None	59.1%	(± 1.2%)
1	16.4	(± 0.9)
2	15.2	(± 0.9)
3 or more	9.3	(± 0.7)

What is the highest grade or year of school you completed?

n = 12305

Some high school or less	9.4%	(± 0.7%)
High school graduate or GED	25.4	(± 1.0)
Some college or technical school	32.5	(± 1.1)
College graduate or more	32.7	(± 1.1)

Estimates based on sample sizes less than 50 were omitted.

Are you currently. . .	n = 12284	
Employed for wages	51.3%	(± 1.2%)
Self-employed	9.3	(± 0.7)
Out of work	7.1	(± 0.7)
Homemaker	8.1	(± 0.6)
Student	4.2	(± 0.6)
Retired	15.7	(± 0.7)
Or unable to work	4.4	(± 0.5)

Annual household income from all sources	n = 10967	
Less than \$20,000	14.7%	(± 0.8%)
\$20,000 to less than \$50,000	44.3	(± 1.2)
\$50,000 or more	41.0	(± 1.2)

Have you smoked at least 100 cigarettes in your entire life?	n = 18573	
Yes	45.8%	(± 0.9%)
No	54.2	(± 0.9)

Among those that have smoked at least 100 cigarettes in their entire life:

Do you now smoke cigarettes everyday, some days, or not at all?	n = 8903	
Everyday	31.8%	(± 1.3%)
Some days	10.9	(± 0.9)
Not at all	57.3	(± 1.3)

Among current smokers:

During the past 12 months, have you stopped smoking for 1 day or longer because you were trying to quit smoking?	n = 3555	
Yes	55.1%	(± 2.2%)
No	44.9	(± 2.2)

Current cigarette smoking prevalence:	n = 18567	
(every day or some day smokers among the whole population)	19.5%	(± 0.7%)
<i>Among Spanish speaking respondents:</i>	12.2%	(± 4.6%)
<i>Among English speaking respondents:</i>	19.8%	(± 0.8%)

Among those that have smoked at least 100 cigarettes:

Did you smoke any cigarettes during the past 30 days?	n = 5837	
Yes	46.5%	(± 1.7%)
No	53.5	(± 1.7)

Among those that have smoked in the past 30 days:

On how many days of the past 30 days did you smoke cigarettes?	n = 2463	
Less than 30 days	31.6%	(± 2.5%)
30 days	68.4	(± 2.5)

Among those that have smoked in the past 30 days:

On average, about how many cigarettes per day do you smoke, on the days that you do smoke?	n = 2453	
Average:	12.9	(± 0.5)

Estimates based on sample sizes less than 50 were omitted.

Have you ever tried using smokeless tobacco, like chew, dip or snuff?	n = 12149
Yes	21.0% (± 1.0%)
No	79.0 (± 1.0)

Among those that have ever tried smokeless tobacco:

On how many of the past 30 days did you use smokeless tobacco products?	n = 2164
None	84.2% (± 2.0%)
Less than 30 days	8.0 (± 1.5)
30 days	7.8 (± 1.5)

Current smokeless tobacco prevalence:	n = 12147
(any use in past 30 days among the whole population)	3.3% (± 0.5%)

Do you currently smoke tobacco in a pipe?	n = 12145
Yes	0.8% (± 0.3%)
No	99.2 (± 0.3)

In the past month, have you smoked a cigar, even just a puff?	n = 12143
Yes	6.2% (± 0.7%)
No	93.8 (± 0.7)

In the past month, have you smoked bidis?	n = 12134
Yes	0.4% (± 0.2%)
No	99.6 (± 0.2)

In the past month, have you smoked clove cigarettes?	n = 12129
Yes	1.1% (± 0.3%)
No	98.9 (± 0.3)

Current tobacco use (all types of tobacco)	n = 12151
Current daily tobacco user	26.5% (± 1.1%)
Current non-tobacco user	73.5 (± 1.1)

Among former smokers:

About how long has it been since you last smoked cigarettes regularly, that is, daily?	n = 3337
Within the past month (less than 1 month ago)	1.6% (± 0.9%)
Within the past 3 months (1-3 months ago)	1.6 (± 0.6)
Within the past 6 months (3-6 months ago)	1.9 (± 0.7)
Within the past year (6-12 months ago)	3.4 (± 0.9)
Within the past 5 years (1-5 years ago)	17.1 (± 1.7)
Within the past 15 years (5-15 years ago)	24.3 (± 1.8)
More than 15 years ago	47.2 (± 2.2)
Never used regularly	2.9 (± 1.0)

Estimates based on sample sizes less than 50 were omitted.

Among former smokers:

When you last smoked cigarettes regularly, on average, how many cigarettes did you smoke per day? n = 3129

Average: 19.2 (± 0.6)

Among current tobacco users:

In the past month, did you buy tobacco on a Native American reservation? n = 2942

Yes 22.2% (± 1.9%)

No 77.8 (± 1.9)

Among current tobacco users:

In the past month, did you buy tobacco from the Internet? n = 2946

Yes 2.1% (± 0.6%)

No 97.9 (± 0.6)

Among current tobacco users:

During the past month, did you buy tobacco outside the state to save money - not just because you were traveling? n = 2947

Yes 9.9% (± 1.2%)

No 90.1 (± 1.2)

Among current/former tobacco users:

People close to me are/were upset by my using tobacco. n = 5722

Strongly agree 44.0% (± 1.7%)

Somewhat agree 19.9 (± 1.4)

Somewhat disagree 19.2 (± 1.4)

Strongly disagree 16.9 (± 1.3)

Among current/former tobacco users:

When was the last time a family member or friend advised you to quit, if ever? n = 5819

Within the past year (1-12 months) 39.6% (± 1.7%)

Within the past three years (1-3 years) 4.5 (± 0.7)

3 or more years ago 26.3 (± 1.4)

They never advised me to quit 29.6 (± 1.5)

Among current/former tobacco users:

When was the last time a DOCTOR or other healthcare provider advised you to quit, if ever? n = 5926

Within the past year (1-12 months) 25.2% (± 1.5%)

Within the past three years (1-3 years) 7.4 (± 0.9)

3 or more years ago 16.9 (± 1.2)

They never advised me to quit 50.4 (± 1.7)

Among current/former tobacco users:

When was the last time a DENTIST advised you to quit, if ever?			n = 5921
Within the past year (1-12 months)	10.5%	(± 1.1%)	
Within the past three years (1-3 years)	3.6	(± 0.6)	
3 or more years ago	7.9	(± 0.9)	
They never advised me to quit	78.1	(± 1.4)	

Among those advised to quit:

Did the health care professional who advised to quit offer any help, or refer you to a source of help to quit tobacco use?			n = 3130
Yes	44.4%	(± 2.3%)	
No	55.6	(± 2.3)	

Among current/former tobacco users:

How many times in your life have you seriously tried to quit using tobacco?			n = 5426
0	12.9%	(± 1.3%)	
1-2	49.0	(± 1.8)	
3-5	22.4	(± 1.5)	
6 or more	15.7	(± 1.3)	

About how long has it been since you last visited a DOCTOR for a routine checkup?			n = 11963
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Within the past year (1-12 months ago)	75.2%	(± 1.1%)
Within the past two years (1-2 years ago)	12.4	(± 0.8)
Within the past 3 years (2-3 years ago)	4.0	(± 0.5)
Within the past 5 years (3-5 years ago)	3.1	(± 0.4)
5 or more years ago	4.4	(± 0.5)
Never	1.0	(± 0.3)

What type of health coverage do you use to pay for most of your medical care? Is it coverage through. . .			n = 10522
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Your employer	43.4%	(± 1.2%)
Someone else's employer	19.1	(± 1.0)
A plan that you or someone buys on your own	11.2	(± 0.8)
Medicare	15.4	(± 0.8)
Medicaid or Medical Assistance	5.1	(± 0.5)
The military, CHAMPUS, or the VA	5.0	(± 0.6)
The Indian Health Service	0.5	(± 0.2)
Some other source	0.3	(± 0.2)

Among current and recent former smokers:

Within the past year, have you heard about any programs in your community to help you quit using tobacco, such as classes, support groups or counseling services?			n = 2547
Yes	52.9%	(± 2.6%)	
No	47.1	(± 2.6)	

Among current and recent former smokers:

Within the past year, did you participate in any kind of program, class or group to help you quit using tobacco? n = 2572

Yes	4.9%	(± 1.0%)
No	95.1	(± 1.0)

Among current and recent former smokers with health care coverage:

Does your health care insurance coverage pay for the cost of any help to quit using tobacco, such as a stop-smoking program or nicotine patches, pills or other medications? n = 1998

Yes	28.2%	(± 2.6%)
No	31.0	(± 2.8)
Don't know/Not sure	40.9	(± 2.8)

Among current and recent former smokers:

During the past year, did you use nicotine patches, pills or other medication to help you quit using tobacco? n = 2571

Yes	23.0%	(± 2.1%)
No	77.0	(± 2.1)

Among current and recent former smokers:

Have you heard about the Washington State "Quit-Line" - a telephone support service to help people quit using tobacco? n = 2534

Yes	44.1%	(± 2.6%)
No	55.9	(± 2.6)

Among current and recent former smokers who have heard of the "Quit-Line":

Have you called the Quit line? n = 1171

Yes	7.0%	(± 1.8%)
No	93.0	(± 1.8)

Among current tobacco users:

Would you like to quit using tobacco? n = 2762

Yes	62.2%	(± 2.4%)
No	37.8	(± 2.4)

Among current tobacco users who would like to quit:

Are you seriously considering quitting tobacco use within the next 6 months? n = 1756

Yes	85.1%	(± 2.1%)
No	14.9	(± 2.1)

Among current tobacco users considering quitting within 6 months:

Are you planning to stop within the next 30 days? n = 1587

Yes	47.1%	(± 3.3%)
No	40.1	(± 3.2)
Don't know/Not sure	12.8	(± 2.1)

Are you currently registered to vote?	n = 12037	
Yes	81.2%	(± 1.0%)
No	18.8	(± 1.0)

Which of the following statements best describes the rules about smoking in your home. . .	n = 11985	
No one is allowed to smoke anywhere inside your home	82.8%	(± 0.9%)
Smoking is allowed at some places or at some times	9.1	(± 0.7)
Smoking is permitted anywhere inside your home	8.0	(± 0.6)

How many people, including you, who live in your household currently smoke cigarettes, cigars, or pipes?	n = 12107	
No current smokers in household	68.1%	(± 1.1%)
1	20.5	(± 1.0)
2	9.3	(± 0.8)
3 or more	2.2	(± 0.5)

On how many of the past 30 days has someone, including you, smoked cigarettes, cigars, or pipes anywhere inside your home?	n = 12051	
None	85.8%	(± 0.8%)
Less than 30	5.7	(± 0.5)
30 days	8.5	(± 0.7)

If it were just up to you, would you let people smoke inside your home?	n = 11972	
Yes	11.3%	(± 0.7%)
No	88.7	(± 0.7)

Among people who are currently employed for wages:

When you are at work, do you spend most of your time in an. . .	n = 6638	
Office	41.5%	(± 1.5%)
Store	8.0	(± 0.9)
Restaurant or Bar	5.3	(± 0.8)
Warehouse or factory	8.0	(± 0.9)
Home/Someone elses home	8.7	(± 0.8)
Outdoors	11.5	(± 1.0)
Car or truck	4.2	(± 0.6)
Classroom	6.2	(± 0.7)
Hospital	4.3	(± 0.6)
Somewhere else	2.2	(± 0.5)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Some or all indoor work areas?	n = 6611	
Yes	9.9%	(± 1.0%)
No	90.1	(± 1.0)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . Employee lunchrooms or lounges? n = 6546

Yes	4.3%	(± 0.7%)
No	95.7	(± 0.7)

Among people who are currently employed for wages:

Is smoking allowed in any of the following areas at your workplace. . . A different designated indoor smoking area? n = 6577

Yes	6.2%	(± 0.8%)
No	93.8	(± 0.8)

Among people who are currently employed for wages:

In a typical week, how many hours would you say that you are in a room or car with secondhand smoke while you are at work? n = 6600

None	82.1%	(± 1.2%)
Less than one hour	9.1	(± 0.9)
One hour or more	8.8	(± 1.0)

In general, would you say that breathing secondhand smoke is. . .

n = 11960

Not at all annoying to you	11.4%	(± 0.7%)
A little bit annoying	11.8	(± 0.8)
Somewhat annoying	20.9	(± 1.0)
Very annoying to you	56.0	(± 1.2)

Would you say that breathing secondhand smoke is. . .

n = 11683

Not at all harmful	2.5%	(± 0.4%)
A little bit harmful	6.1	(± 0.6)
Somewhat harmful	23.8	(± 1.0)
Very harmful	67.6	(± 1.1)

All people should be protected from secondhand smoke.

n = 11464

Strongly agree	60.7%	(± 1.2%)
Somewhat agree	21.6	(± 1.0)
Somewhat disagree	10.5	(± 0.8)
Strongly disagree	7.3	(± 0.6)

All children should be protected from secondhand smoke.

n = 11811

Strongly agree	87.9%	(± 0.8%)
Somewhat agree	7.4	(± 0.6)
Somewhat disagree	2.5	(± 0.4)
Strongly disagree	2.2	(± 0.3)

Do you think that smoking should be completely banned in restaurants?

n = 12037

Yes	70.2%	(± 1.1%)
No	27.2	(± 1.1)
Don't know/Not sure	2.5	(± 0.4)

Estimates based on sample sizes less than 50 were omitted.

Do you think that smoking should be completely banned in bars and lounges?		n = 11946
Yes	35.3%	(± 1.1%)
No	57.6	(± 1.2)
Don't know/Not sure	7.2	(± 0.6)

Do you think that smoking should be completely banned in outdoor public areas where children may be present?		n = 12009
Yes	53.9%	(± 1.2%)
No	42.0	(± 1.2)
Don't know/Not sure	4.1	(± 0.5)

Local law enforcement officials should place a high priority on enforcing laws that ban the possession of tobacco products by minors.		n = 11640
Strongly agree	57.9%	(± 1.2%)
Somewhat agree	20.4	(± 1.0)
Somewhat disagree	14.1	(± 0.9)
Strongly disagree	7.6	(± 0.7)

The city or town where you live should establish as many strong rules and laws as possible to protect nonsmokers, including children, from secondhand smoke.		n = 11577
Strongly agree	51.7%	(± 1.2%)
Somewhat agree	27.1	(± 1.1)
Somewhat disagree	11.5	(± 0.8)
Strongly disagree	9.8	(± 0.7)

School officials should make sure that all children receive anti-tobacco education.		n = 11909
Strongly agree	83.5%	(± 0.9%)
Somewhat agree	11.3	(± 0.8)
Somewhat disagree	2.4	(± 0.4)
Strongly disagree	2.8	(± 0.4)

Tobacco use by adults should not be allowed on school grounds or at any school events.		n = 11872
Strongly agree	85.1%	(± 0.9%)
Somewhat agree	9.0	(± 0.7)
Somewhat disagree	3.6	(± 0.5)
Strongly disagree	2.3	(± 0.4)

Have you seen or heard about any efforts or activities in your community or in schools to prevent or reduce tobacco use among youth?		n = 11550
Yes	43.7%	(± 1.2%)
No	56.3	(± 1.2)

Estimates based on sample sizes less than 50 were omitted.

Among people who have seen or heard of community efforts/activities:

Have you participated in any efforts or activities in your community or in schools to help reduce tobacco use among youth? n = 5596

Yes	19.8%	(± 1.4%)
No	80.2	(± 1.4)

Among people who have seen or heard of community efforts/activities:

To your knowledge, has there been a local anti-tobacco or anti-smoking organization working in your community over the past few years? n = 5609

Yes	31.7%	(± 1.6%)
No	44.2	(± 1.8)
Don't know/Not sure	24.1	(± 1.5)

Among people who know of anti-tobacco organizations in their community:

Do you approve of what this local organization is doing to prevent tobacco use and help people quit? n = 1759

Definitely yes	71.6%	(± 2.9%)
Probably yes	24.6	(± 2.9)
Probably no	1.5	(± 0.7)
Definitely no	2.3	(± 0.9)

There are more negative things than positive things about smoking.

n = 11784

Strongly agree	89.7%	(± 0.8%)
Somewhat agree	7.3	(± 0.7)
Somewhat disagree	1.2	(± 0.3)
Strongly disagree	1.8	(± 0.3)

Smoking sometimes makes a person more attractive.

n = 11866

Strongly agree	1.1%	(± 0.3%)
Somewhat agree	1.3	(± 0.3)
Somewhat disagree	7.8	(± 0.7)
Strongly disagree	89.9	(± 0.8)

There are so many things that cause cancer, tobacco use is not going to make any difference.

n = 11645

Strongly agree	7.4%	(± 0.7%)
Somewhat agree	5.6	(± 0.6)
Somewhat disagree	8.8	(± 0.7)
Strongly disagree	78.2	(± 1.0)

Would you ever use or wear something that has a tobacco company logo or picture on it?

n = 11757

Yes	18.1%	(± 1.0%)
No	81.9	(± 1.0)

Do you currently have a piece of clothing, or other item that has a tobacco brand or logo on it? n = 11935

Yes	9.4%	(± 0.7%)
No	90.6	(± 0.7)

During the past year, have you received a free sample or coupon for a free sample of cigarettes or other tobacco products? n = 11794

Yes	16.5%	(± 0.9%)
No	83.5	(± 0.9)

During the past year have you been somewhere, such as concert or special event, where tobacco companies were having a promotion - for example, giving away free samples or having a special give-away? n = 11920

Yes	11.5%	(± 0.8%)
No	88.5	(± 0.8)

Tobacco companies should have the same rights to advertise their products as other companies. n = 11454

Strongly agree	22.3%	(± 1.0%)
Somewhat agree	28.2	(± 1.1)
Somewhat disagree	14.4	(± 0.9)
Strongly disagree	35.1	(± 1.2)

Among people with children ages 12 to 17:

Which of the following best describes the way you have discussed the dangers of tobacco use with your child. . . n = 1805

We have talked about the dangers of tobacco use many times	81.5%	(± 2.4%)
We have had at least one conversation that I can remember	10.0	(± 1.9)
I don't remember a specific conversation, but my child knows how I feel	6.9	(± 1.5)
For now, I have not talked with my child about the dangers of tobacco use	1.5	(± 0.7)

Among people with children ages 12 to 17:

Have you told your child specifically that you do not want him or her to use tobacco? n = 1796

Yes	91.7%	(± 1.6%)
No	8.3	(± 1.6)